

2026 Lahti Para Dance Sport

19 – 20 August 2026

Program:



Wednesday 19.08.2026

15:00 - 15:50	Warming up			00:50	number
15:50 - 16:05	Flag parade & opening ceremony			00:15	
16:05 - 16:15	Women Single Class 1+2	1. round	1 heat (3 marks)	00:10	8
16:15 - 16:25	Open Single PCH	general look		00:10	5
16:25 - 16:35	Women Single Class 1+2	redance	1 heat (3 marks)	00:10	5
16:35 - 16:45	Men Single Class 1	general look		00:10	2
16:45 - 16:55	Men Single Class 2	general look		00:10	2
16:55 - 17:10	Open Single PCH	final		00:15	5
17:10 - 17:25	Men Single Class 1	final		00:15	2
17:25 - 17:40	Men Single Class 2	final		00:15	2
17:40 - 17:55	Women Single Class 2	final		00:15	6
17:55 - 18:25	Break			00:30	
18:25 - 18:35	Duo Standard Class 1 SHOW ONLY	general look		00:10	1
18:35 - 18:45	Combi Standard Class 1 + 2	general look		00:10	4
18:45 - 19:00	Duo Standard Class 1 SHOW ONLY	final		00:15	1
19:00 - 19:15	Combi Standard Class 1 + 2	final		00:15	4
19:15 - 19:45	Prize presentation			00:30	

Thursday 20.08.2026

15:00 - 15:50	Warming up			00:50	
15:50 - 16:00	Preparing the dance floor			00:10	
16:00 - 16:10	Open Single Freestyle PCH			00:10	3
16:10 - 16:30	Women Single Freestyle Class 1+ 2			00:20	6
16:30 - 16:40	Men Single Freestyle Class 1 + 2			00:10	2
16:40 - 16:55	Break			00:15	
16:55 - 17:05	Duo Freestyle Class PCH + 1			00:10	2
17:05 - 17:20	Break			00:15	
17:20 - 17:30	Combi Freestyle Class 1			00:10	2
17:30 - 17:45	Combi Freestyle Class 2			00:15	3
17:45 - 18:15	Break			00:30	
18:15 - 18:25	Combi Latin Class 1	general look		00:10	3
18:25 - 18:35	Combi Latin Class 2	general look		00:10	4
18:35 - 18:50	Combi Latin Class 1	final		00:15	3
18:50 - 19:05	Combi Latin Class 2	final		00:15	4
18:35 - 19:05	Prize presentation			00:30	
19:05 - 19:20	Closing ceremony			00:15	

Team Leaders Meeting - Tuesday 18.08.2026

time: 20:00

Adjudicators Meeting – Tuesday 18.08.2026

time: 21:00